



MEMBERSHIP PACK

NAME:

MEMBERSHIP NUMBER:

ASA NUMBER:

DATE ISSUED:

KINDLY SPONSORED BY





Horwich Leisure Centre,
Victoria Road,
Horwich,
Bolton,
Lancashire,
BL6 5PY

www.horwichleisurecentreasc.org.uk

swimming@horwichleisurecentreasc.org.uk

TRAINING TIMES

A Group

Monday 8:30pm - 9:30pm
Thursday 6:00pm - 7:00pm (at Turton Leisure Centre)
Friday 9:15pm - 10:30pm
Saturday 8:00am - 9:00am
Saturday 4:30pm - 6:30pm

B Group

Monday 7:30pm - 8:30pm
Thursday 6:00pm - 7:00pm (at Turton Leisure Centre)
Friday 8:15pm - 9:15pm
Saturday 8:00am - 9:00am
Saturday 4:30pm - 6:30pm

C Group

Thursday 6:00pm - 7:00pm (at Turton Leisure Centre)
Friday 7:30pm - 8:15pm
Saturday 8:00am - 9:00am

CODE OF CONDUCT

The purpose of this Code of Conduct is to establish a set of guidelines which outline the responsibilities and behaviour of swimmers, coaches and parents/guardians of swimmers who are members of Horwich Leisure Centre Amateur Swimming Club. This is not intended to be all-encompassing but rather a set of guidelines. It is a condition of membership of Horwich Leisure Centre ASC that this Code of Conduct is adhered to.

GENERAL

- All members and parents/guardians should be respectful and courteous to coaches, teachers, Club Officials and other members at all times.
- Any form of bullying will not be tolerated.
- All members and parents/guardians should behave without discrimination to other individuals for any reason.

SWIMMERS' CONDUCT

All swimmers are expected to:

- Be on time and properly equipped for training sessions
- Train and compete to the best of your ability
- Show respect to teachers, coaches and officials
- Be willing to represent the Club when selected for a team
- Not use abusive language nor act in an aggressive manner

When representing Horwich at galas swimmers are expected to:

- Be respectful at all times to other teams, their swimmers and all officials
- Accept the coaches' team and event selections
- Support and encourage other Horwich swimmers
- Accept defeat with grace and behave in a sporting manner at all times
- Behave in a sporting manner at all times
- Remain on poolside until the gala has finished and leave together as a team

PARENTS' AND GUARDIANS' CONDUCT

All parents/guardians are expected to:

- Encourage your child to learn the rules and participate within them
- Discourage challenging/arguing with officials
- Publicly accept officials' judgements
- Help your child to recognise good sportsmanship and to applaud the good performances of all
- Never force your child to take part in sport
- Use correct and proper language at all times
- Never punish or belittle a child for poor performance or making mistakes
- Support your child's involvement and help them to enjoy their sport
- Confine discussions with your child to encouragement
- Never go on poolside to discuss matters with either coaches or swimmers. If a parent would like to speak with a coach they should arrange a meeting through a member of the Committee
- Refrain from coaching your child from the balcony



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